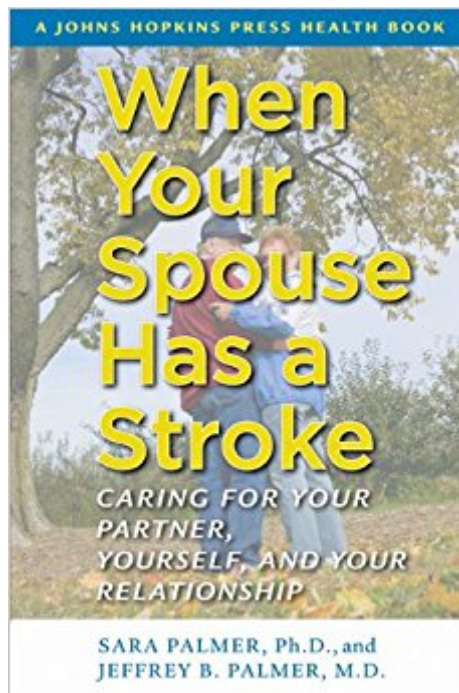


The book was found

# When Your Spouse Has A Stroke: Caring For Your Partner, Yourself, And Your Relationship (A Johns Hopkins Press Health Book)



## Synopsis

A stroke can alter two people's lives in an instant. For the person who has had a stroke, simple tasks suddenly become difficult or impossible. For that person's partner, life seems to revolve mostly around the stroke survivor's needs. Such a drastic change naturally requires making many, sometimes taxing, adjustments. In this book, two experts in stroke recovery help couples deal with the impact of stroke on their lives and their relationship. Drs. Sara and Jeffrey Palmer explain how to overcome three major challenges: • providing quality care for your partner • maintaining or rebuilding your relationship • caring for yourself as an individual The book invites you into the lives of real couples who are themselves coping with these challenges. Their experiences model how you can improve essential aspects of your relationship, including communication, roles and responsibilities, and sexuality. A list of practical tips summarizes each chapter, providing a handy reference guide to meeting each day's challenges. More than just a discussion of the medical and practical aspects of stroke and stroke recovery, this book focuses on the emotional, psychological, and social consequences of stroke and the deeply personal side of caregiving. When Your Spouse Has a Stroke will relieve your burden and strengthen your partnership.

## Book Information

Series: A Johns Hopkins Press Health Book

Hardcover: 224 pages

Publisher: Johns Hopkins University Press; 1 edition (February 17, 2011)

Language: English

ISBN-10: 0801898862

ISBN-13: 978-0801898860

Product Dimensions: 6 x 0.8 x 9 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars • See all reviews • (6 customer reviews)

Best Sellers Rank: #2,320,680 in Books (See Top 100 in Books) #207 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Strokes #1449 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System #1480 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Internal Medicine

## Customer Reviews

I have facilitated groups for caregivers of stroke survivors and groups for stroke survivors for four years and read many books related to stroke. No book has been as thorough in describing the

impact of stroke on the marriage as this one. It is an easy read, clear and well-written. I recommend it highly to Caregiving Spouses, Stroke Survivors and psychotherapists who have clients impacted by stroke. A valuable contribution to the world of stroke.

As a stroke survivor, I thought the book offered outstanding advice and techniques for dealing with the many issues that emerge for a caregiver and their spouse subsequent to a stroke. This is a great manual for anyone - stroke or no stroke !!

I feel that every spouse of a person who has a stroke should be given this book as soon as possible after the stroke. I wish I had known about it sooner.

[Download to continue reading...](#)

When Your Spouse Has a Stroke: Caring for Your Partner, Yourself, and Your Relationship (A Johns Hopkins Press Health Book) Johns Hopkins Patient Guide to Colon and Rectal Cancer (Johns Hopkins Patients' Guide) Johns Hopkins Patients' Guide to Brain Cancer (Johns Hopkins Medicine) Johns Hopkins Patients' Guide to Leukemia (Johns Hopkins Medicine) Johns Hopkins Patients' Guide To Lymphoma (Johns Hopkins Medicine) The 36-Hour Day, 5th edition: A Family Guide to Caring for People Who Have Alzheimer Disease, Related Dementias, and Memory Loss (A Johns Hopkins Press Health Book) The 36-Hour Day, fifth edition: The 36-Hour Day: A Family Guide to Caring for People Who Have Alzheimer Disease, Related Dementias, and Memory Loss (A Johns Hopkins Press Health Book) The 36-Hour Day, fifth edition: The 36-Hour Day: A Family Guide to Caring for People Who Have Alzheimer Disease, Related Dementias, and Memory Loss (A Johns Hopkins Press Health Book) 5th (fifth) edition The 36-Hour Day, fifth edition, large print: The 36-Hour Day: A Family Guide to Caring for People Who Have Alzheimer Disease, Related Dementias, and Memory Loss (A Johns Hopkins Press Health Book) Caring for Children Who Have Severe Neurological Impairment: A Life with Grace (A Johns Hopkins Press Health Book) A Woman's Guide to Pelvic Health: Expert Advice for Women of All Ages (A Johns Hopkins Press Health Book) Understanding and Managing Your Child's Food Allergies (A Johns Hopkins Press Health Book) Making Sense of IBS: A Physician Answers Your Questions about Irritable Bowel Syndrome (A Johns Hopkins Press Health Book) Food Allergies: A Complete Guide for Eating When Your Life Depends on It (A Johns Hopkins Press Health Book) The Post Traumatic Stress Disorder Relationship: How to Support Your Partner and Keep Your Relationship Healthy The Lupus Encyclopedia: A Comprehensive Guide for Patients and Families (A Johns Hopkins Press Health Book) Parkinson's Disease: A Complete Guide for Patients and Families (A Johns Hopkins

Press Health Book) Parkinson's Disease: A Complete Guide for Patients and Families, Second Edition (A Johns Hopkins Press Health Book) Bipolar Disorder: A Guide for Patients and Families (A Johns Hopkins Press Health Book) The Lupus Encyclopedia (A Johns Hopkins Press Health Book)

[Dmca](#)